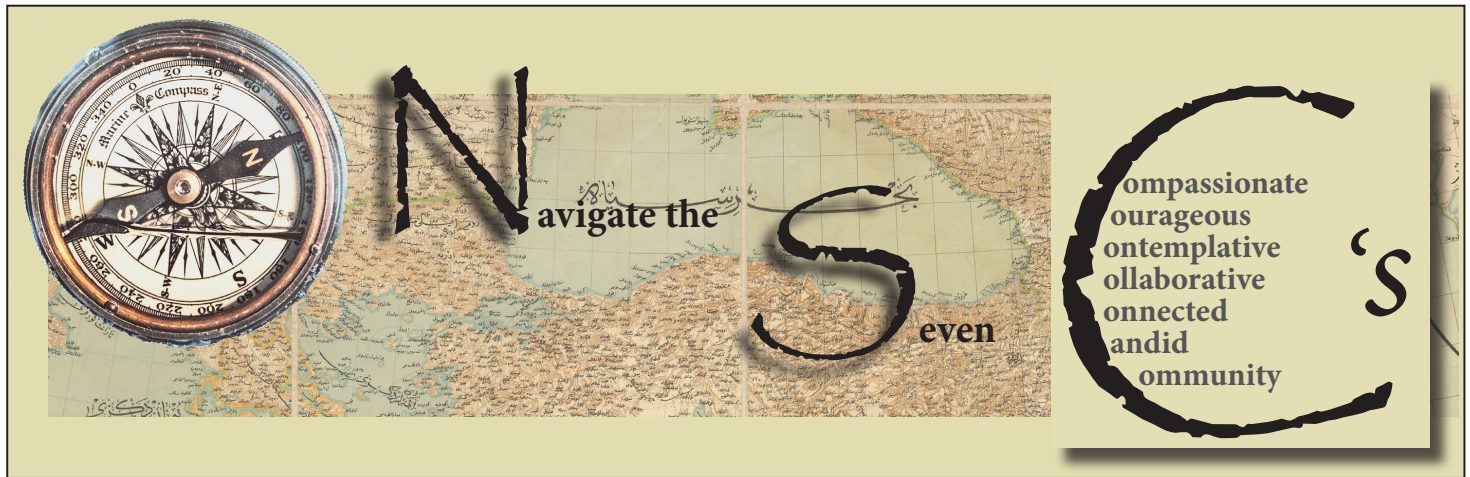


First Unity Church of St. Louis

2020 Volume II

Issue 1

FIRST UNITY THEME FOR 2020 Compassionate, Courageous, Community



As we look to the dawning of a new decade, outer appearances in our country and in our world reveal fragmentation, discord, and divisiveness. This calls us to come together in spiritual community to remember our Divine Identity, model the principles we believe, and embrace the Truth that we are all spiritually connected.

So, join us in 2020 as we set sail to create the community we truly want and deserve. Together with 20/20 spiritual vision, we will navigate the “Seven C’s.” Along the way, we will develop spiritual tools to more fully recognize our own magnificence and the magnificence of others, to learn to listen and compassionately collaborate, and to agree and disagree in love. Our voyage begins with an exploration of happiness and personal mastery in a Sunday series based on the classic book *The Four Agreements* by Don Miguel Ruiz and the companion book *The Fifth Agreement* by Don Miguel Ruiz and Don Jose’ Ruiz. These books have changed the lives of millions of people around the world and help us to develop the courage to be who we really are.

As we navigate the Seven C’s together, look for surprises on our way including travel mementos, book studies, and a nationally-known presenter coming to First Unity in June. Being part of a compassionate, collaborative spiritual community gives all of us strength, purpose, and the understanding that we are one. We unite to understand, support, and minister to one another for the enrichment of our own lives and for all of humankind. In oneness of spirit, we envision a world awakened to infinite possibilities.

Pack your bags and prepare to set sail!

In oneness,
Rev. Jan

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Lending Library Ministry

The reorganization of the First Unity Church Lending Library will be complete and ready for check-outs by January 1, 2020. To view or search for books in the Library, visit the online Library Catalog <https://www.librarycat.org/lib/lendinglib/>

Check-out of books is first come, first served at the Library check-out desk. Procedures are as follows.

1. Only members, attendees, or supporters of First Unity Church of St. Louis are eligible to check out library materials.
2. If you are not listed in the current First Unity Church of St. Louis Directory, complete a New Borrower Information sheet available at Library check-out desk.
3. Materials can be self-checked out anytime First Unity Church of St. Louis is open. Books will be on loan for a period of 4 weeks, always ending on a Sunday.
4. Check-out procedure
 - Remove card from book pocket and PRINT your name with e-mail address or telephone number.
 - Place the signed card in the check-out file and place a date due card in the pocket.
 - Return item to the basket marked Return Your Book Here.
5. Notices for books due the following Sunday or overdue will be sent via email every Friday. Books may be renewed in person or via email

We are looking for volunteers to help staff the Library each Sunday for 15 minutes before and 15 minutes after the service. Please contact Georgia at baughga@gmail.com if you can help.

Two Remarkable Individuals

Sara DeWitt is the Office Manager of First Unity Church of St. Louis. She has been employed at First Unity since January of 2015.

Sara has been married to her husband, Jonathan, for 13 years. They have 2 delightful girls: Tessa, age 10 and Honor, age 5.

Sara sought out this position because she was looking for a job with hours that would allow her to be home with her family more and have some flexibility.

It is her hope that she can create a calm & comfortable environment for the office, while maintaining order and peace.

Sara's work duties vary by week, but she enjoys the variety and considers herself blessed to be employed at First Unity Church.

If Anne Hartupée had not answered the ad in the newspaper, she may never have found Unity.

About 13 years ago, Anne had a call from her sister-in-law telling her about an ad regarding a church job. It had been 20 years since Anne had left the church music ministry and after some thought and reflection, she called the church, and the rest, as they say, is history.

Anne has been called to go deeper and draw on other desires to teach and serve. Anne earned the credential of Licensed Unity Teacher in November, 2018. In March of 2020, she will be submitting her application for the Field Ministerial Program. This program will make demands on her time and energy, leading her to resign as Music Director, June 1st, 2020.

As Anne looks forward to the new year, she affirms change is good. Anne said “This is an opportunity to be our best, to give our best, and do our best – on purpose –allowing our spirit to call upon our many divine abilities to express all that we are and will become.”

Upcoming Events

Ladies Night Out

The next Ladies Night Out will be January 20, 2020 at Fitz's Restaurant: 5244 S. Lindberg Ave. St. Louis Mo 63126 at 5:30 pm.

We will be having our February outing on February 17, 2020 at Honey Pit, 951 S. Kirkwood Rd. St. Louis MO 63122 at 5:30 pm. Please contact Mary at jtpres5111@gmail.com for more information.

Book Club

Our Book Club meets on the 2nd Tuesday of the month from 2 pm – 4 pm at The St. Louis Bread Company on Tesson Ferry Road, St. Louis, MO.

Join us next month for a discussion on January 14, 2020, “*Eleanor Oliphant Is Completely Fine*” by Gayle Honeyman

Future books:

February 11 - “*Lamb*” by Christopher Moore

March 10 - “*Lila*” by Marilyn Robinson

It was suggested that we get the Book Discussion kits from the St. Louis County Library. If you are interested, see the link below and contact Carol Bullock with suggestions.

<https://www.slcl.org/book-discussion-kits>

Also, for information on the books we have read, please e-mail Carol at cabullock48@yahoo.com

Looking forward to seeing you at the Book Club!

White Stone Ceremony

January 5, 2020 10:30 a.m.

Following the Burning Bowl ritual, the White Stone Ceremony prepares us to create the vision of what we are called to be in the new year. In the time of Jesus, prisoners were given a new name as they were released to prove to society that all debts were paid and they were legitimately free. Through meditation, you will listen to Spirit within and your new name will be revealed to you. You will write your new name on a white stone from Jerusalem that will be yours to keep as a reminder of what you have set the intention to be in 2020. This powerful experience will be followed by our annual Souper Sunday luncheon.

Save The Date

Jan. 12	Prayer Circle Training - 12 pm
Jan. 25	Ministry Chair Meeting - 1 pm
Feb. 2	Promotion Ministry Meeting - 12 pm
April 21	Annual Meeting & Luncheon - 12 pm
May 16	Ordination - 4 pm
May 17	Guest Speaker - Russell Heiland - Unity of Fairfax. Community Luncheon to follow.

In oneness
of Spirit,
we celebrate
a world
awakened
to infinite
possibilities



We are a vibrant,
inclusive Spiritual
community
enriching lives
through
positive prayer,
education, and service

One of our core values for First Unity Church is:

WELCOMING

We celebrate the Divine Essence of every human being by joyfully inviting all into our spiritual home

OUR COMMUNITY BEHAVIORS

With extended hands and open hearts, we provide a compassionate atmosphere where everyone is fully included

Our Sunday messages are positive and uplifting, affirming the sacred goodness in each person

As a welcoming spiritual community, we encourage all to share their spiritual gifts in sacred service

INDIVIDUAL BEHAVIORS

Suspending judgments, I receive with goodwill and kindness everyone who enters my spiritual community

I actively participate in First Unity's social activities in order to build and nurture relationships

I invite acquaintances, friends, and family members to attend services and social activities at First Unity

HUMOR

One day an angel appeared to Adam. The angel said, "Adam, I've got great news. God is going to create something wonderful for you." Adam said, "Oh, what is it?"

The angel said, "It's not an 'it,' it's a 'she.' God is going to make something called a woman." Adam said, "Go on."

The angel continued, "This is going to be wonderful. This woman will be made to be a lot like you physically, only much more beautiful. She will live to serve you at all times. When you are tired, she'll give you a massage. When you are hungry, she'll feed you. She'll come and bow down to you in the morning and when you return from working in the garden in the evening. She'll live to serve your every pleasure each day."

"In addition," the angel continued, "she will never argue with you or complain. She won't nag you or talk back to you either. For every command you give her, she'll simply reply, 'yes master.' She'll clean your house and tend to your every desire."

Adam had a sparkle in his eye and said with excitement, "Wow, that sounds amazing. I'd really like to have something like that. But what's it going to cost me?" The angel said, "Well Adam, it's going to cost you your right arm, and a leg." Adam thought about it for a while, and then replied, "What can I get for just a rib?"

Q. How long did Cain hate his brother?

A. As long as he was Abel.

January

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 AA, 10am CA, 7pm	2 Ukulele Practice, 7pm	3 AA, 7pm	4
5 White Stone Ceremony Souper Sunday	6	7 Knitting/Crochet Group, 11am	8 AA, 10am CA, 7pm	9	10 AA, 7pm	11
12 Prayer Circle Training, 12pm	13 Prayer Chaplain Meeting, 6:45pm	14 Book Club, 2pm	15 AA, 10am Hospitality Mtg, 6pm Board Meeting, 7pm CA, 7pm	16 3 rd Thursday Quilters, 10am Ukulele Practice, 7pm	17 AA, 7pm	18
19	20 Ladies' Night Out, 5:30pm	21 Knitting/Crochet Group, 11am	22 AA, 10am CA, 7pm	23	24 AA, 7pm	25 Ministry Chair Meeting, 1pm
26	27	28	29 AA, 10am CA, 7pm	30 Ukulele Practice, 7pm	31 AA, 7pm	

February

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Promotion Team Meeting Singles Meeting	3	4 Knitting/Crochet Group, 11am	5 AA, 10am CA, 7pm	6 Ukulele Practice, 7pm	7 AA, 7pm	8
9 Pancake/Casserole Breakfast	10 Prayer Chaplain Meeting, 6:45pm	11 Book Club, 2pm	12 AA, 10am CA, 7pm	13	14 AA, 7pm	15
16	17 Ladies' Night Out, 5:30pm	18 Knitting/Crochet Group, 11am	19 AA, 10am Hospitality Mtg, 6pm Board Meeting, 7pm CA, 7pm	20 3 rd Thursday Quilters, 10am Ukulele Practice, 7pm	21 AA, 7pm	22
23	24	25	26 AA, 10am CA, 7pm	27	28 AA, 7pm	29

2020 PRAYER CHAPLAINS



WELCOME NEW MEMBERS



DEAN'S CHRISTMAS SHOW





MR. & MRS. CLAUS
MAKE AN ENTERANCE



Minister, Jan Mourning

Board of Trustees

Hope Dodson -Treasurer
Rick Emmett - Vice President
Betty Jean Kofron - Secretary
Betty Ponzar
Mary Tumminello
John Young - President

Prayer Chaplains

Anne Hartupée, Prayer
Chaplain Coordinator

Mary Tumminello, Prayer
Chaplain Trainer

Linda Harr, Prayer Chaplain
Admin, Coordinator

Lance Baugh
Hope Dodson
Paul Henley
Andy Leonard
Lynn Mark
Betty Ponzar
Gladys Young

Platform Assistants

Hope Dodson
Linda Harr
Mary Tumminello

Bookstore Managers

Betty Jean Kofram
Mary Grace

Webmaster

Carol Ellerman

Office Manager

Sara DeWitt

Music

Anne Hartupée, Music Director
Dean Wiegert, Soloist

Youth Ministry Team

Denise Halbert-Reggio, Director
Glenda Gibhardt
Cindy Gibb

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SilentUnity prayer support

1.800.NOW PRAY (669.7729)

uPray is a free mobile download