

First Unity Church of St. Louis

2026 Volume VIII

Issue 2

Minister's Corner



A SACRED INVITATION

This is the time of year when we bid winter farewell and look forward to spring. As we anticipate warmer weather, buds opening, light lingering longer, and life awakening beneath the soil, we set the intention to allow the sacred to awaken in us.

Easter is, above all, an invitation. It is not just Jesus' story; it is our story - a living demonstration of what is possible within us. Unity Co-Founder Charles Fillmore tells us, "The resurrection takes place in us every time we rise to Jesus' realization of the perpetual indwelling Christ that connects us with the Father. A new flood of life comes to all who open their minds and bodies to the living word of God." Resurrection is a rising of consciousness, the realization that Life cannot end, Love cannot be buried, and Spirit cannot be defeated.

In the Gospel narratives, a stone is rolled away from Jesus' tomb. Metaphysically, the stone represents those dark thoughts we have accepted as final: limitation, fear, resentment, unworthiness. These beliefs entomb our joy and dim our light. The Easter story serves as a dynamic reminder that the same power that rolled away the stone gives us the power to

to choose faith over fear, love over hate, forgiveness over resentment, and possibility over despair. When we awaken to the Truth that we are expressions of Divine Life, the stone begins to roll away.

Easter is not just an event; it is a spiritual practice. What in your life is calling for resurrection?

- A dream you put on hold
- A relationship in need of healing
- A calling you have been afraid to answer
- A belief about yourself that does not serve your highest good

This Easter, may we all set the intention to rise each day in conscious unity with Spirit – remembering that no experience is final, no darkness permanent, no stone too heavy to be removed. The darkness of a tomb is not our destiny. The light and love of the Christ is. This is the true meaning of Easter.

Love and prayers,
Rev. Jan

Rev. Jan Mourning

Licensed Unity Teacher

Hope Dodson

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Jeremiah Burcher

Photographer

Julie Goede

Newsletter Editor

Patricia Riess

riess@htc.net

First Unity Church of St. Louis Newsletter

March/April 2026

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First Unity Church Presents Its Outstanding Music Calendar for March 2026

First Unity's Music Director, Dr. Steve Schenkel, has arranged for a variety of renowned guest musicians, singers, and groups to be with us for Sunday Services during

the months of **March** and **April**. All are truly welcome, and we hope you will join us in the sanctuary or online as we seek together to know God, unfold spiritually, and align with Spirit's Laws of Being.



March 1, Brian Clarke, vocals and guitar. Brian is perhaps the most beloved New Thought musician in St. Louis. He most recently received the St. Louis Magazine "A-List" Award as Best Vocalist and Best Musician.



March 8, Kati Michalas, vocals. Kati is one of First Unity's song leaders, and she and her husband Nick and two sons Niko and Braden, are regular attendees, with Nico and Braden attending Youth Education classes. Kati grew up in Unity, attending the Collinsville, Illinois church.

Kati's family was a musical one; both her grandfather and father played the guitar. She gained a passion for bluegrass and classic country music at a young age and says there was never a family gathering without music or a guitar.

Her post-college performances include a short stint with the Autumn Fling band, United Voices of United Way Choir, Metro Trans Umbrella Group Song Squad, performing the national anthem at various sporting events, and singing at multiple weddings and funerals.



March 15, Scott Alberici, clarinet. Scott Alberici is one of America's finest clarinet virtuosos. Known for his superbly rich and warm tone, lyrical phrasing, and command of the American songbook, Mr. Alberici has developed a personal style that is instantly recognizable. His rare ability to capture the moment with the subtlety of expression mixed with brilliant and melodic improvisations will keep the

listeners on the edge of their seats from the drop of the downbeat to the end of the performance.



March 22, Mitzi MacDonald, vocals. Recording artist Mitzi MacDonald performs regularly at churches and concert venues throughout the St. Louis area. Her most recent album, "Higher Ground," is available on all major streaming services.



March 29, Kim Fuller, vocals. Kim has been performing for decades in the St. Louis area. She began singing at age 5 in the Angel Choir at church. Over the years she has sung in a variety of music genres. She has been an opening act for the Jazz Crusaders, Randy Lewis, Pieces of a Dream, The Neville Brothers, and countless others. She is a member of The Jazz Story™, a group that promotes Jazz Education to grades K-12.

Kim is also a member of Oikos, a Jazz group that uses jazz as a catalyst to promote the gospel. She frequently performs around the St. Louis area with many talented musicians.

First Unity Church Presents Its Outstanding Music Calendar for April 2026



April 5, Brian Clarke, vocals and guitar. Brian is perhaps the most beloved New Thought musician in St. Louis. He most recently received the St. Louis Magazine "A-List" Award as Best Vocalist and Best Musician.



April 12, Kati Michalas, vocals. Kati is one of First Unity's song leaders, and she and her husband Nick and two sons Niko and Braden, are regular attendees, with Nico and Braden attending Youth Education classes. Kati grew up in Unity, attending the Collinsville, Illinois church.

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April 19, Scott Alberici, clarinet. Scott Alberici is one of America's finest clarinet virtuosos. Known for his superbly rich and warm tone, lyrical phrasing, and command of the American songbook, Mr. Alberici has developed a personal style that is instantly recognizable. His rare ability to capture the moment with the subtlety of expression mixed with brilliant and melodic improvisations will keep the listeners on the edge of their seats from the drop of the downbeat to the end of the performance.



April 26, Mitzi MacDonald, vocals and keyboard. Mitzi performs at numerous churches, peace events, pubs, coffee houses, outdoor concerts, and special events. She has opened for authors Alan Cohen, and Neal Donald Walsh at Westport Playhouse, and has performed at the Sheldon Concert Hall with CD release concerts.

What's Happening



First Unity Church is offering Easter Lilies this year!



The cost is \$10.00 for each lily and can be purchased in honor or memory of a loved one.

The church will start selling Easter Lilies on Sunday, March 1, 2026, and the deadline for ordering is March 22, 2026.

To place an order, fill out a form available in the lobby, call the church at 314.845.8540, mail a check to First Unity Church of St. Louis, or pay by Paypal at unitystl.org

Easter Bake Sale

Sunday, April 5, 2026

You can donate your favorite baked goods and shop for others' goodies to take home!

Items are sold on a Love Offering basis.

No need to sign up. Just bring your baked goods to the church on Saturday, April 4, from 10 - 12, or if you prefer, you may deliver your goodies before the Easter service.

For questions please get in touch with Hope:
hope_dodson@yahoo.co.uk



April 17, 2026



Jazz Concert

Friday, April 17, 2026

First Unity Church of St. Louis

4753 Butler Hill Road, St. Louis, MO 63128

Dinner & Jazz

**Lasagna, Gluten-Free Pasta Con Broccoli,
Salad & Dessert**

**Dinner 6:00 pm until 7:00 pm
Concert starts @ 7:30 pm**

Tickets

\$15.00 - Concert Only - At The Door

\$30.00 - Dinner & Concert

For Advanced Tickets for Dinner & Concert Call:

Chuck Seger @ 314.614.2950

Val Haris @ 832.578.2306

First Unity Church at 314.845.8540

Purchase Sundays @ First Unity Church

April 21, 2026

PLEASE JOIN US FOR:

An Evening at: Maggie O'Brien's

Tuesday

April 21, 2026

Anytime between 5 pm - 9 pm

Hosted by:

First Unity Church of St. Louis

4753 Butler Hill Road

St. Louis, MO 63128

Please invite family and friends
to enjoy an Evening at Maggie O'Brien's

25% of all proceeds go to First Unity Church of St. Louis



*Maggie O'Briens's
3828 South Lindbergh Blvd.
Suite 118
St. Louis, MO 63127*

First Unity Church Annual Meeting and Luncheon

First Unity Church of St. Louis will hold its
Annual Meeting on May 17, 2026
immediately following the Sunday Service.

After the meeting, a luncheon will be
served downstairs in the Community
Room.





Up To The Minute News

Ladies and Men's Night Out meets on the third Monday of the month!

Ladies' Night Out



March 16, 2026, at 5:30 pm.

Pad Thai
12676 Lamplighter Square
Shopping Center
St. Louis, MO 63128

April 20, 2026, at 5:30 pm.

Fitz's
5244 South Lindbergh Blvd
Sappington, MO 63126

Please contact Mary at jtpres5111@gmail.com for more information.

Men's Night Out

March 16, 2026, at 6:00 pm.

Chevy's Fresh Mix
12466 Tesson Ferry Road
St. Louis, MO 63128

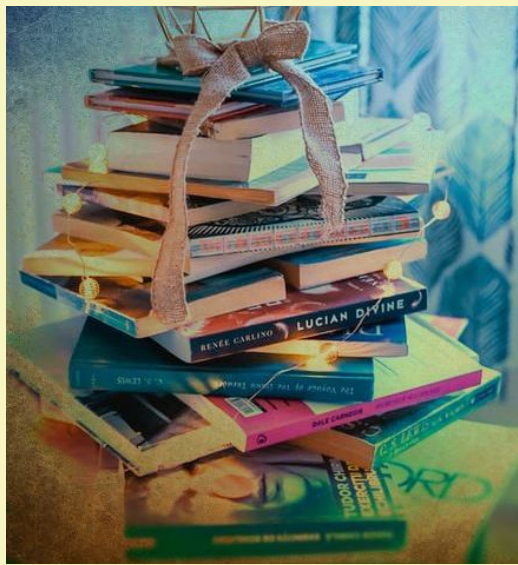
April 20, 2026, at 6:00 pm.

Outback Steakhouse
5240 South Lindbergh Blvd
Sappington, MO 63126



Please contact Eric at jcvond@aol.com for more information.

Book Club



Join the First Unity Book Club meeting on the second Tuesday of the month from 2 pm - 4 pm. Everyone is welcome. We are looking forward to seeing you!

The book club will be meeting at:

Miss Sheri's Cafeteria
5406 Southfield Center
St. Louis, MO 63123

Future books:

March 10, 2026 - *Lady Clementine* - Marie Benedict

April 14, 2026 - *Look Again* - Lisa Scottoline

May 12, 2026 - *A Cold Day For Murder* - Dana Stabenow

June 9, 2026 - *Broken Country* - Clare Leslie Hall

July 14, 2026 - *The Queens of Crime* - Marie Benedict

August 11, 2026 - *The Ghost Army of World War II* - Rick Beye/Elizabeth Sayles

For further information, please e-mail Carol at cabullock48@yahoo.com

SAVE THE DATE

Kim Fuller and Carolbeth True
May 22, 2026
First Unity Church of St. Louis
More Info to Come

In oneness
of Spirit,
we celebrate
a world
awakened
to infinite
possibilities



We are a vibrant,
inclusive Spiritual
community
enriching lives
through
positive prayer,
education, and service

One of our core values for First Unity Church is: **SPIRITUAL GROWTH**

Spiritual growth is a life-long practice of bringing one's mind into harmony with the Absolute Goodness of God

COMMUNITY BEHAVIORS

- Embracing the wholeness, abundance, and wisdom that we all have within, we open a space to support everyone on his/her individual path toward ever-expanding spiritual growth
- We teach and practice spiritual principles that inspire us to look beyond human conditions and claim our greater good
- As a spiritual community, we make decisions from our inner Christ, contributing to the well-being of one another and the world

INDIVIDUAL BEHAVIORS

- I engage in metaphysical Bible interpretation, seeing my own soul's evolution in the characters, places, and events in the Bible
- To develop increased spiritual understanding, I read and listen to spiritual material, engage in daily prayer and meditation, and attend classes
- As the realization of my Divine identity evolves, I align my thoughts, words, and actions with the Absolute Goodness of God



EASTER HUMOR

Q. What's the Easter Bunny's favorite restaurant?
A. IHOP!

Q: What is Easter Bunny's favorite kind of music?
A: Hip-hop, of course!

One Easter, a father was teaching his son to drive when out of nowhere a rabbit jumped on the road. Slamming on the brakes, the son said, "I nearly ruined Easter! I almost ran

over the Easter Bunny." His father replied, "It's okay son—you missed it by a hare."

What kind of jewelry does the Easter Bunny wear?

14 Carrot Gold

Visit our website



Minister: Jan Mourning

Office: 314.845.8540

Email: firstunity@firstunitychurchstlouis.org

Website: unitystl.org

SilentUnity prayer support

1.800.NOW PRAY (669.7729)

uPray is a [free mobile download](#)

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